

## Spotlight On Health Care

### More Comfort, Less Cost

(NAPS)—Pain and disability in the back and neck can be reduced with “complementary and alternative therapies (e.g., acupuncture, massage and spinal manipulation),” according to the National Prevention Council’s recent strategy report.

Dr. Gerard W. Clum explains: “Chiropractic spinal manipulation is a proven course of treatment for neck and back pain. In addition,



**Researchers have found ways to reduce pain and expense for those with back and neck problems.**

chiropractic care provides patients with individual examination and treatment, as well as healthy living advice and support in encouraging activities to progress healing and well-being.”

According to the report, what is needed is a coordinated system in which health care professionals are educated about each other’s work and collaborate with one another and with their patients to achieve optimal patient well-being, better quality care and lower costs.

To learn more, visit the Foundation for Chiropractic Progress at [www.yes2chiropractic.com](http://www.yes2chiropractic.com).

### Healthy Ideas

Pain and disability can be reduced, a recent government study concluded, with “complementary and alternative therapies for back and neck pain (e.g., acupuncture, massage and spinal manipulation).” To learn more, visit the Foundation for Chiropractic Progress at [www.yes2chiropractic.com](http://www.yes2chiropractic.com).

Pain and disability can be reduced. /// More Comfort, Less Cost

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